GF Gluten Friendly (Excluding Biscuit)

V Vegan

FANTASTIC FAVORITES

EGG-STRAVAGANZA*
Two eggs* served with one signature chicken sage sausage patty, two strips of crispy all-natural nitrate free applewood bacon, creamy dreamy grits and thick sliced French toast with raspberry sauce and honey crème anglaise. Served with a fluffy flying biscuit. 14.49

GF FLYING BISCUIT BREAKFAST*
Two eggs* served with two signature chicken sage sausage patties, creamy dreamy grits and a fluffy flying biscuit. 11.99

GA PEACHES & CREAM WAFFLE BREAKFAST*
Two eggs* served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle topped with warm peach compote, honey crème anglaise and whipped cream. Served with a fluffy flying biscuit. 15.99

HANGOVER HASH*
Our own "moon dusted" potatoes with a heavy downpour of queso, covered with chicken chorizo, crispy buttermilk chicken and topped with two over medium eggs*, black bean salsa with a sprinkle of cilantro. 14.49

THREE AMIGOS BREAKFAST TACOS*
Three corn tortillas stuffed with scrambled eggs*, yellow cheddar cheese, chicken chorizo, black bean salsa and sour cream. Served with a side of "moon dusted" potatoes and our three amigos dipping trio of queso, salsa verde and signature hot sauce. 13.99

DROPS OF JUPITER
Two of our light and fluffy buttermilk pancakes topped with butter, served with syrup and a side of our creamy dreamy grits. 9.99
Sweeten your stack with chocolate chips, bananas, blueberries or strawberries for 1.00

HIGH FLYER*
Two eggs* served with two chicken sage sausage patties, creamy dreamy grits and a fluffy buttermilk pancake. Served with a fluffy flying biscuit. 13.49
Substitute an organic oatmeal pancake topped with warm peach compote for 1.00

BISCUIT EGGS AND GRAVY*
Split biscuit topped with scrambled eggs* and our own chicken sausage gravy, served with creamy dreamy grits. 11.99

FL SUNSHINE WAFFLE BREAKFAST*
Two eggs* served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle topped with fresh strawberries, banana, blueberries and powdered sugar. Served with a fluffy flying biscuit. 15.99

CHORIZO HASH*
Chicken chorizo, "moon dusted" potatoes, red and green peppers, onions and cheddar cheese topped with two over medium eggs*, tomatillo salsa and cilantro. Served with a fluffy flying biscuit. 13.49

BACON, EGG AND CHEESE BREAKFAST SANDWICH*
English muffin, egg*, crispy all-natural nitrate free applewood bacon and American cheese. Served with "moon dusted" potatoes. 9.49

BEST I EVER HAD
Two thick slices of French toast topped with raspberry sauce and honey crème anglaise. Served with creamy dreamy grits. 10.99

STUFFED FRENCH TOAST BREAKFAST*
Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with two eggs*, two chicken sage sausage patties, creamy dreamy grits and a fluffy flying biscuit. 15.99

GF BACON AND EGGS BREAKFAST*
Two eggs* served with three strips of crispy all-natural nitrate free applewood bacon, creamy dreamy grits and a fluffy flying biscuit. 11.99

WAFFLE BREAKFAST*
Two eggs* served with two chicken sage sausage patties, creamy dreamy grits and a house-made golden Belgian waffle. Served with a fluffy flying biscuit. 14.99

PANCAKE TACOS*
Two buttermilk pancakes stuffed with four scrambled eggs* and choice of signature chicken sage sausage, all-natural nitrate free applewood bacon or chicken chorizo and cheddar cheese. Served with our "moon dusted" potatoes. 13.99

GF STEAK AND EGGS*
6oz NY Strip steak* grilled to medium rare, served with two eggs*, creamy dreamy grits and a fluffy flying biscuit. 16.99

STRAWBERRY CHEESECAKE STUFFED FRENCH TOAST
Two thick slices of challah bread dipped in our signature batter, grilled, stuffed with sweet cream cheese and topped with raspberry sauce, honey crème anglaise, fresh strawberries and powdered sugar. Served with creamy dreamy grits. 11.99

CHICKEN & WAFFLES

CHICKEN & WAFFLE
A house-made golden waffle topped with crispy buttermilk chicken tenders. 11.99

DIRTY BIRD*
A house-made golden waffle, topped with crispy buttermilk chicken tenders, two over medium eggs* and chicken sausage gravy. 13.99

HONEY BUTTER CHICKEN WAFFLE
A house-made golden waffle topped with crispy honey butter chicken tenders. 12.99

HOT CHICKEN & WAFFLE
A house-made golden waffle topped with our signature HOT chicken tenders. 12.99

HOT DIRTY BIRD*
A house-made golden waffle, topped with our signature HOT chicken tenders, two over medium eggs* and chicken sausage gravy. 14.99

HOT HONEY BUTTER CHICKEN WAFFLE
A house-made golden waffle topped with crispy HOT honey butter chicken tenders 13.99

"OH MY GRITS" BOWL* 11.99

Build your own Bowl. Choose four toppings.
Add additional toppings for $1.49 each.
Served with a fluffy flying biscuit.

PROTEIN
Turkey or Pork Bacon, Chicken Sausage, Chorizo
Add Shrimp or Chopped Smoked Salmon 2.49
Two Eggs* Any Style - Additional Egg* 1.49

CHEESE
White or Yellow Cheddar Cheese, American Cheese, Goat Cheese, Parmesan

VEGETABLES
"Moon Dusted" Potatoes, Red and Green Peppers, Spinach, Diced Tomatoes, White Onions, Mushrooms

SCRAMBLES & OMELETTES

GF SMOKED SALMON SCRAMBLE*
Three eggs* scrambled with chopped wood-smoked salmon and dill cream cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

GF SOUTHERN SCRAMBLE*
Three eggs* scrambled with crispy all-natural nitrate free applewood bacon, spicy vegan collard greens, onions and yellow cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

GF PIEDMONT OMELETTE*
Three eggs*, signature chicken sage sausage, crispy all-natural nitrate free applewood bacon, onions and yellow cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 12.99

BENEDICTS

CLASSIC BENEDICT*
English muffin topped with Canadian bacon, two over medium eggs*, and hollandaise. Served with creamy dreamy grits. 12.99

FREEBIRD*
Split biscuit topped with crispy buttermilk chicken tenders, two over medium eggs*, chicken sausage gravy and drizzled with syrup. Served with creamy dreamy grits. 13.49

HONEY BUTTER CHICKEN BENEDICT
Split biscuit topped with crispy buttermilk chicken tenders, cheesy scrambled eggs*, and home-made honey butter. Served with creamy dreamy grits. 13.49

SIDES

ONE FLUFFY FLYING BISCUIT with cranberry apple butter 1.79
GF SIGNATURE CHICKEN SAGE SAUSAGE PATTIES (2 patties) 3.79
GF CRISPY ALL-NATURAL NITRATE FREE APPLEWOOD PORK BACON (3 strips) 3.79
GF CRISPY TURKEY BACON (3 strips) 3.79
V GF BEYOND BREAKFAST SAUSAGE PATTIES (2 patties) 4.99
CHICKEN SAUSAGE GRAVY 3.79
ONE FLUFFY BUTTERMILK PANCAKE served with butter and syrup. 3.79
ONE ORGANIC OATMEAL PANCAKE served with peach compote. 4.99
ONE BELGIAN WAFFLE served with butter and syrup. 4.99
ONE THICK SLICE OF FRENCH TOAST served with honey crème anglaise and raspberry sauce. 4.49
TOAST OR ENGLISH MUFFIN 1.99

GF GRITS award winning, creamy, dreamy, white cheddar cheese grits 3.79
LOADED GRITS topped with queso and applewood smoked pork bacon. 4.99
V GF FRESH SEASONAL FRUIT 3.79
YOGURT with granola and fruit 3.79
"MOON DUSTED" POTATOES 3.79
LOADED "MOON DUSTED" POTATOES covered in queso, and applewood smoked pork bacon. 4.99
TWO EGGS* ANY STYLE 3.79
GRILLED MAC & CHEESE 3.79
V GF SPICY VEGAN COLLARD GREENS 3.79
AVOCADO TOAST sprinkled with sea salt and diced tomatoes. 4.49

*THESE ITEMS MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.

GF *Gluten Friendly (Excluding Biscuit)* V *Vegan*

VEGETARIAN AND VEGAN OPTIONS

CALIFORNIA DREAMER*
Whole wheat toast topped with fresh smashed avocado, sprinkled with sea salt and diced tomatoes. Served with two eggs* and fresh fruit. 11.99

GF GARDEN FRESH VEGGIE SCRAMBLE*
Three eggs* scrambled with onions, red and green peppers, spinach, mushrooms and white cheddar cheese. Served with creamy dreamy grits and a fluffy flying biscuit. 11.49

GF HOLLYWOOD OMELETTE*
Three egg* whites, spinach, mushrooms, and white cheddar cheese, topped with warm tomato coulis. Served with creamy dreamy grits and a fluffy flying biscuit. 10.99

V BEYOND BURGER
1/4 pound patty, lettuce, avocado and vegan chipotle sauce served on a sesame seed bun. Served with house seasoned kettle chips. 11.99

V VEGAN TOFU SCRAMBLE
Tamari-marinated tofu scrambled with red and green peppers, onions, spinach and mushrooms. Served with fresh fruit and whole wheat toast. 10.99

V VEGAN TOFU WRAP
Spicy soy marinated tofu, chopped romaine, tomatoes, red and green peppers, chopped fresh mushrooms, fresh basil and a spicy vegan chipotle sauce wrapped in a flour tortilla. Served with house seasoned kettle chips. 9.99

GF EGG-STRAORDINARY*
Two eggs* served with our "moon dusted" potatoes, creamy dreamy grits and a fluffy flying biscuit. 10.49

GF V OATMEAL
Sprinkled with brown sugar and topped with fresh fruit. 4.99

SONNY & SHARE

FRIED GREEN TOMATOES
Classic Southern sliced green tomatoes seasoned with cornmeal and topped with house-made cashew-jalapeño relish, tangy goat cheese and a side of buttermilk ranch. 7.99

MINI SHRIMP AND GRITS
Creamy dreamy white cheddar cheese grits topped with blackened shrimp, roasted red pepper tomato sauce and fresh basil. Served wtih a fluffy flying biscuit. 6.99

BURGERS

All come with house seasoned kettle chips.

THE BIG CHEESY PATTY MELT*
Two 1/4 pound beef* patties, homemade queso, crispy all-natural nitrate free applewood pork bacon, pickle chips and grilled onions on grilled challah. 13.49

DOUBLE CHEESEBURGER*
Two 1/4 pound beef* patties grilled and topped with American Cheese, lettuce, tomato and pickle chips. Served on a toasted sesame seed bun. 12.99
Add bacon 1.50

WAKE UP BURGER*
Two 1/4 pound beef* patties, crispy all-natural nitrate free applewood bacon, a fried egg*, avocado, white cheddar cheese and tomato on a toasted sesame seed bun. 13.49

SANDWICHES

All come with house seasoned kettle chips.

FRIED GREEN TOMATO BLT
Crispy all-natural nitrate free applewood bacon, two fried green tomatoes, lettuce, cashew-jalapeño relish and goat cheese served on choice of bread. 11.99

HOT-LANTA CHICKEN SANDWICH
Signature HOT chicken tenders, drizzled with queso, topped with pickles and served on a sesame seed bun. 11.99

CHICKEN CLUB
Crispy buttermilk chicken tenders, melted cheese, crispy all-natural nitrate free applewood bacon, sliced tomato, lettuce and chipotle mayo on choice of bread. 11.99 Make it a wrap.

CHICKEN QUESADILLA
A buttery, golden brown quesadilla with crispy buttermilk chicken, parmesan mushrooms and queso, garnished with a dollop of sour cream and drizzle of chipotle sauce. 11.99

BACON LOVERS BLT
Five strips of crispy all-natural nitrate free applewood bacon, red ripe tomatoes, lettuce and mayo on choice of lightly toasted bread. 11.99

BOWLS AND PLATES

Served with a fluffy flying biscuit.

CRISPY BUTTERMILK CHICKEN TENDERS
Crispy buttermilk chicken tenders, grilled macaroni and cheese and spicy vegan collard greens. 13.99 Make it HOT

SHRIMP AND GRITS ENTRÉE
Creamy dreamy white cheddar cheese grits topped with blackened shrimp, roasted red pepper tomato sauce and fresh basil. 13.99

CHICKEN COBB SALAD
Chopped romaine topped with crispy buttermilk chicken, bacon, white cheddar cheese, hard boiled egg and diced tomato. Served with choice of dressing. 11.99

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We do not claim that items marked as gluten-friendly are "gluten free" because we cannot confirm that they meet the FDA's definition of "gluten free" (< 20 parts per million of gluten). Because we have multiple sources of gluten in our shared cooking and prep areas, we are unable to guarantee that any menu item can be completely free of gluten or allergens.

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WHEN PLACING YOUR ORDER AT THE FLYING BISCUIT CAFÉ, PLEASE ALERT THE MANAGER ON DUTY TO ANY FOOD ALLERGY OR SENSITIVITY. WE WILL THEN TRY OUR BEST TO AVOID ANY ACCIDENTAL CROSS-CONTACT, BUT CAN OFFER NO GUARANTEE AND ACCEPT NO LIABILITY. THE MORE INFORMATION RELATING TO YOUR SPECIFIC NEEDS YOU CAN PROVIDE, THE BETTER WE CAN ATTEMPT TO PROTECT AND PROVIDE YOU WITH A SAFE MEAL. THANK YOU!

**THESE ITEMS MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.*